# HIGHER HOTEL INSTITUTE CYPRUS

# **Module Description 2019/20**



Module Title: Advanced Plated Desserts

Module Code: CAPM 313

**Programme of Study/ Year of Study:** Culinary Arts / Year 3

Group: CA III Semester: Fall

Number of Hours Taught: 4 lab per week ECTS: 2

**Instructor:** Paraskevi Orfanou

Office Hours: Wednesday 09:00 – 10:00 pm

Office Number: 206 Office Tel:

**e-mail:** paraskeviorfanou@ymail.com

#### **Prerequisites:**

CAPM 121 - Baking & Pastry Essentials

CAPM 221 - Advanced Baking & Pastry

**CAPM 222 - Contemporary Desserts** 

#### **Module Rationale:**

This module is designed to provide students with advanced pastry arts knowledge, with emphasis on the development of the techniques and skills required to produce a variety of restaurant plated dessert novelties. It provides students with the technical knowledge and skills to properly use key pastry ingredients such as chocolate and caramel, and produce an assortment of classical and contemporary "petits fours". Emphasis is placed on the ability to use the plated dessert elements to design and produce innovative, upscale restaurant plated desserts.

#### Aims:

This course provides the students with the technical knowledge and skills to properly use chocolate and caramel; and produce an assortment of classical and contemporary "petits fours". Emphasis is placed on the ability to use the plated dessert elements to design and produce innovative, upscale restaurant plated desserts.

#### **Intended Learning Outcomes:**

On successful completion of the module, students will be able to:

- 1. Demonstrate skilful use of chocolate to produce a variety of chocolate confections.
- 2. Produce an assortment of classical and contemporary petits fours.
- **3.** Apply properly the techniques to produce diverse frozen desserts.
- **4.** Identify the factors involved in designing restaurant plated desserts.
- 5. Produce and assemble modern plated desserts using the desserts' plate elements.
- **6.** Recognise faults and apply the suitable correcting procedures.
- **7.** Employ correct storing and handling practices of finished products.

**8.** Manage time effectively towards the completion of assigned work.

# Methods of Teaching/Learning:

- > Lectures
- > Class Discussions
- Workshop Demonstrations
- Workshop Assignments

#### **Assessment:**

The students will be assessed in both theoretical and practical aspects of the module. It should be noted that in order for the students to succeed in the module, they should achieve at least a score of 50% in the theoretical part and 50% in the practical part of the subject.

# **Theoretical Part: 40%**

<ul><li>Coursework</li><li>Quizzes / Tests</li></ul>	20 % 40 % } <b>100 %</b>	
<ul> <li>Final Written Examination</li> <li>Practical Part: 60%</li> </ul>	40 %	
<ul> <li>Continued Workshop Assessment (Individual and Group Work)</li> </ul>	60 % 40 % } <b>100 %</b>	

# **Module Requirements:**

Final Practical Assessment

Refer to the Students' Manual Appendix I Culinary Arts Workshop Requirements.



### **Module Plan and Content:**

Week	Dates	Topics to be Covered	Reference Chapter / Material
1.	Tuesday	National Day	
	01/10/19		
2.	Tuesday	Chocolate and Confections I and II	Instructor's Handouts
	08/10/19		
3.	Tuesday	Petits Fours I	Instructor's Handouts
	15/10/19		
4.	Tuesday	Petits Fours II	Instructor's Handouts
	22/10/19		
5.	Tuesday	Practical Assessment I	Instructor's Handouts
	29/10/19		
6.	Tuesday	Frozen Desserts	Instructor's Handouts
	05/11/19		
7.	Tuesday	Modern Restaurant Plated Desserts I	Instructor's Handouts
	12/11/19		
8.	Tuesday	Modern Restaurant Plated Desserts II	Instructor's Handouts
	19/11/19		
9.	Tuesday	Modern Restaurant Plated Desserts III	Instructor's Handouts
	26/11/19		
10.	Tuesday	Practical Assessment II	Instructor's Handouts
	03/12/19		
11.	Tuesday	Individual Practical Assessment I	Group 1
	10/12/19		
12.	Tuesday	Individual Practical Assessment II	Group 2
	17/12/19		
13.	Tuesday	Revision	
	07/01/20		

## **Essential Reading:**

- 1. Gisslen, W., 2013. Professional Baking. 6th ed. Hoboken: Wiley
- 2. Instructor's handouts based on the course content.

## **Additional Reading:**

- 1. Greweling P., 2012. Chocolate & Confections. 2<sup>nd</sup> ed. Hoboken: Wiley
- 2. Migoya, F. J., 2012. The Elements of Dessert. Hoboken: Wiley
- 3. Boyle T., 2012. Plating for Gold. Hoboken: Wiley
- 4. CIA, 2009. Baking & Pastry. 2 ed. Hoboken: Wiley
- 5. Migoya, F.J., 2008. Frozen Desserts. Hoboken: Wiley



- **6.** Felder A., 2008. Savoury Sweets. Hoboken: Wiley
- 7. Dornenburg A. & Page K., 2008. The Flavor Bible. New York: Little, Brown and Company.
- **8.** Boyle, T., & Moriarty, T., 2000. *Grand Finales: A Neoclassic View of Plated Desserts.* 3<sup>rd</sup> ed. Hoboken: Wiley
- **9.** Boyle T., & Moriarty T., 1998. *Grand Finales: A Modernist View of Plated Desserts*. 2<sup>nd</sup> ed. Hoboken: Wilev
- 10. Boyle T., & Moriarty T., 1997. Grand Finales: The Art of the Plated Desserts. 1st ed. Hoboken: Wiley

